

## DESCRIPTION

A fantastic coastal and inland ride around the harbour to Goode Beach, Frenchman Bay and the old whaling station at Discovery Bay. The ride takes in some of Albany's best and most rugged coastline, with beaches, scenic attractions, picnic spots and spectacular views.

It is a popular early morning road bike route. If you are visiting Albany and have time, plan a full day leisurely bike ride to explore this area.

Much of the cycling is on quiet streets and rural roads. There are three optional detours.



<b>Grade:</b>	Intermediate
<b>Distance return:</b>	36kms (excluding detours)
<b>Highest Point:</b>	130m
<b>Riding Time @ 15kph:</b>	2 hrs 30 mins approx
<b>Riding Time @ 30kph:</b>	1 hr 15 mins approx

## REFRESHMENTS AND ATTRACTIONS

Frenchman Bay – a very sheltered beach for a swim, with BBQs and picnic tables under trees.

The famous Gap and Natural Bridge, Salmon Holes and Blow Holes.

Albany Wind Farm, coastal boardwalk and giant timber staircase down to the beach.

Discovery Bay and Whalers Gallery Café, (08) 9844 4711 (Historic Whaling Station, Australian wildlife and Botanic Garden).

Frenchy's Restaurant (at the start of the ride)  
65 Frenchman's Bay Road (08) 9841 4626.

The Great Southern Distilling Co (Limeburners)  
252 Frenchman Bay Road (08) 9842 5363.

## ROUTE DIRECTIONS

**Start:** Car Park, corner Frenchman Bay Road and Woolstores Place, 3 kms from the town centre.

1. Ride along Frenchman Bay Road (shared path on the left) towards Little Grove. Left into Bay View Drive, which becomes Chipana Drive.
2. Go past the Sailing Club and left back onto Frenchman Bay Rd. There are often kangaroos in the paddock on the right – near Panorama Road.
3. Left into Quaranup Road, then right at Shoal Bay Retreat as you go down the hill.

### Detour

**You can continue on Quaranup Road for another 4.5 kms past turn-offs to Mistaken Island and Whaling Cove – both good for swimming.**

4. Left and through the gate at the end of Shoal Bay Retreat, following the emergency access path which leads to McBride Rd and up a short steep hill. Turn left into Austin Road with its spectacular views, and down the hill to the T-junction.
5. Right into Vancouver Road and left at the next T-junction, back on to Frenchman Bay Road.
6. Right just before the bottom of the hill to visit Discovery Bay – there is a café and much to see. (Or continue down the hill to Frenchman Bay beach on the left.)
7. The return trip is along Frenchman Bay Road with an initial long steady climb through Torndirrup National Park.

### Detour

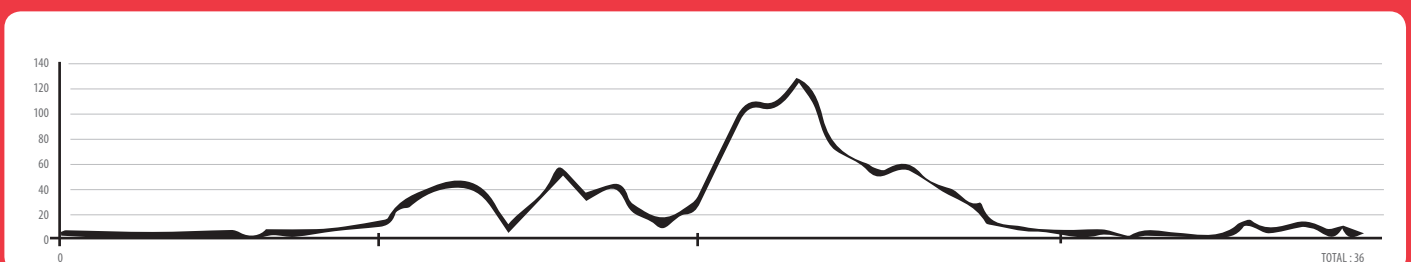
**Turn left to visit the famous Gap and Natural Bridge (4.5 kms return).**

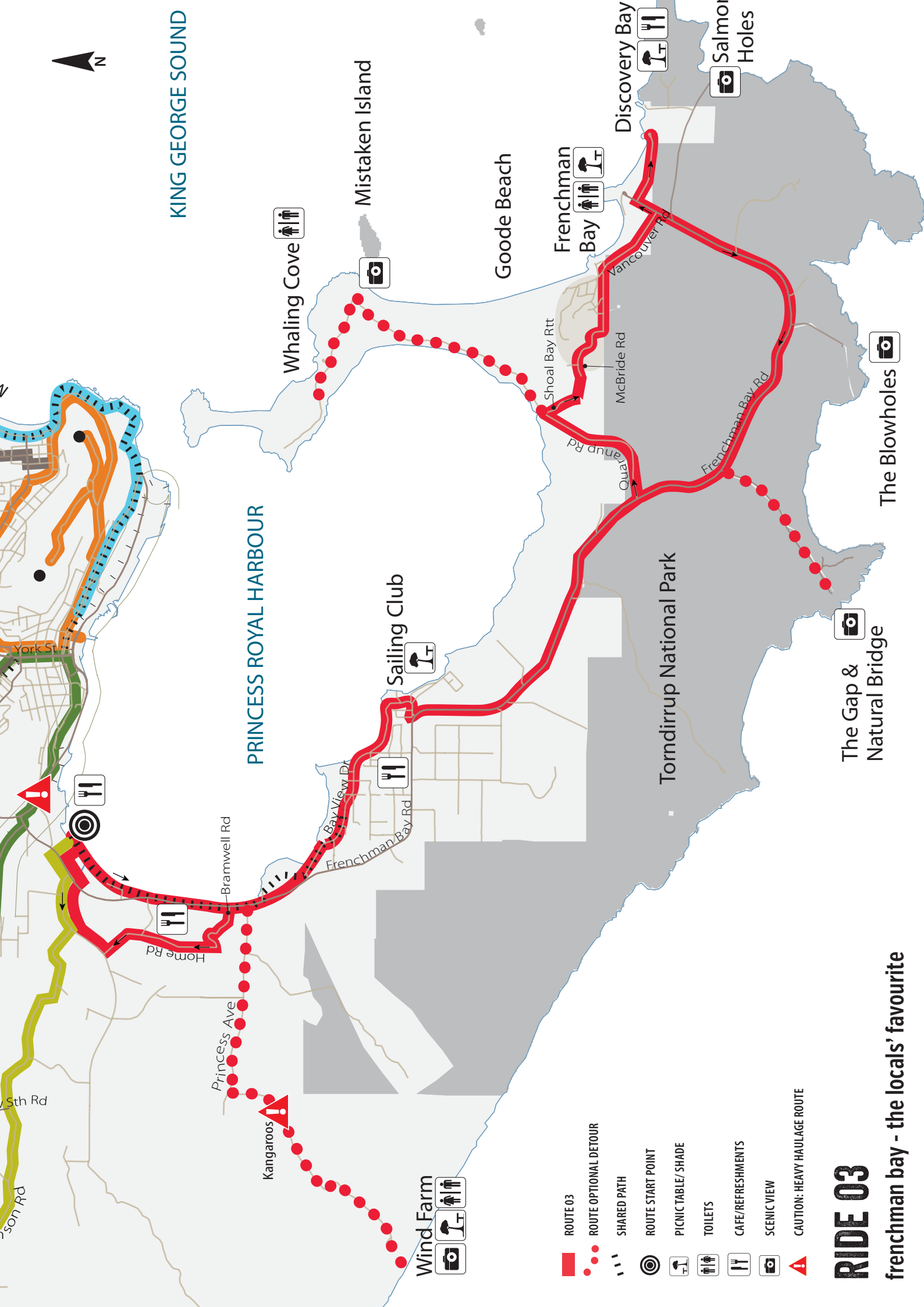
8. Continue on Frenchman Bay Road, deviating past the Sailing Club and through Little Grove, towards Albany.

### Detour

**Just after Little Grove turn left at Princess Avenue and ride up a very steep hill to the Wind Farm and Sand Patch Lookouts (12 kms return).**

9. The route diverts into Bramwell Road, then a quiet circuit via Home, Roberts and Robinson Roads back to Frenchman Bay Road and the start.





KING GEORGE SOUND

PRINCESS ROYAL HARBOUR

# RIDE 03

frenchman bay - the locals' favourite

- ROUTE 03
- ROUTE OPTIONAL DETOUR
- SHARED PATH
- ROUTE START POINT
- PICNIC TABLE/ SHADE
- TOILETS
- CAFE/REFRESHMENTS
- SCENIC VIEW
- CAUTION: HEAVY HAULAGE ROUTE

Wind Farm

Sailing Club

Torndirrup National Park

The Gap & Natural Bridge

The Blowholes

Goode Beach

Frenchman Bay

Discovery Bay

Salmor Holes

Mistaken Island

Whaling Cove

Bramwell Rd

Frenchman Bay Rd

Bay View Dr

Shoal Bay Rtt

McBride Rd

Vancouver Rd

Frenchman Bay Rd

5th Rd

son Rd

York St

Princess Ave

Kangaroos

